

722-11.11.23 | ओषधक उद्याने शान्ति वा

in the garden? Are the herbs

723-12-11-23 | Each  
Sure to bring joy

724-13-11-23 |  
Con Diwali Day

725-14-11-23 |  
Mother silently

726-15-11-23 |  
Thief enters

727-16-11-23 |  
कुतश्चित्

Thumb Mantra  
Green juice is fast breaker, no water before first meal should be completed within 45mins

Mantra No 2  
Dedication will give results  
Mantra No 3  
Minimum 16 hours fasting  
Mantra No 4  
Enema twice daily  
In each turn 2-3 times back to back  
Mantra No 5

नरकरः शिवलं नृपतिम गणेश्वरं  
नरकरः शिवलं नृपतिम गणेश्वरं  
नरकरः शिवलं नृपतिम गणेश्वरं